

Van Ethan Levy, LMFT & LPCC

Education

Antioch University Masters of Arts in Clinical Psychology	Culver City, CA September 2015-June 2017
The Chicago School of Professional Psychology Coursework in Forensic Psychology	Irvine, CA January 2014-November 2014
San Diego State University Bachelor in Arts in Psychology	San Diego, CA January 2011-December 2012
San Diego Mesa Community College Associates Degree in Psychology	San Diego, CA May 2009-December 2010
Capstone Career College Computer Science	Tacoma, WA August 2006-August 2007

Professional Experience:

Do Something: Identity(ies)

Executive Director & Founder

San Diego, CA
August 2024 - Present

- Founded and currently lead a 501(c)(3) nonprofit organization dedicated to supporting and advocating for marginalized communities through education, empowerment, and resources.
- Developing and implementing organizational vision, mission, and strategic initiatives to support social justice, inclusion, and mental health advocacy.
- Overseeing the management and growth of programs, including training, resources, and outreach for underserved groups, with a focus on trans, non binary and many more LGBTQ+, and people of color communities.
- Cultivating partnerships with other nonprofits, community organizations, and educational institutions to expand reach and resources.
- Spearheading fundraising efforts, including grant writing, donor cultivation, and event planning to support organizational goals.
- Managing all administrative functions, including budgeting, compliance with nonprofit regulations, and strategic planning.
- Promoting organizational awareness through public speaking, media outreach, and community events.
- Leading a diverse team of volunteers, board members, and staff, providing guidance, mentorship, and professional development.

Van Ethan Levy

San Diego, CA

Clinician & CAMFT Continuing Education Provider

April 2021-Present

- Providing therapeutic intervention services to children, youth, and adults using individual and family therapy; relationship therapy; group therapy, crisis intervention; and assessment tools in a private, outpatient setting.
- Completing intake assessment process; maintaining files and documentation in compliance of corporate, state, and federal standards; and providing continuous treatment planning and reviewing of progress to ensure quality and effective treatment.
- Providing supervision to trainees & associates.
- Facilitating conversations with supervisees to address oppression, counter transference, projective identification, etc.
- Reading through, providing feedback, and signing off on supervisee client notes.

The Transgender Health & Wellness Center

Virtual

Director of Behavioral Health

December 2022-Present

- Providing supervision to trainees & associates.
- Training therapists on completing intake assessment process; maintaining documentation in compliance with corporate, state, and federal standards; and providing continuous treatment planning and reviewing of progress to ensure quality, effective treatment.
- Implementing policy changes & creating accessibility to trans, non binary & many more non cis people as well as allies, families, friends, partners & more.
- Engaging in live observation with therapist & client.
- Reading through, providing feedback, and signing off on supervisee client notes.
- Facilitating conversations with supervisees to address oppression, counter transference, projective identification, etc.
- Partnering with organizations, institutions, universities & more.

Southern California Counseling Center

Virtual

Clinical Supervisor

September 2022-Present

- Providing supervision to trainees & associates.
- Training therapists on completing intake assessment process; maintaining documentation in compliance with corporate, state, and federal standards; and providing continuous treatment planning and reviewing of progress to ensure quality, effective treatment.
- Facilitating conversations with supervisees to address oppression, counter transference, projective identification, etc.
- Reading through, providing feedback, and signing off on supervisee client notes.

MiraCosta College District

San Diego, CA

Adjunct Faculty

2019, 2020-Present

- Engaging students in therapy
- Providing education on non cis identities
- Updating mental health and medical forms to be more affirming
- Facilitating two student groups: Autism Space & Queer Time

Antioch University

Culver City, CA

Adjunct Faculty

January 2020-Present

- Teaching and providing education on trans, non binary and more non cis identities

North Orange County Education

Placentia, CA

Adjunct Faculty

2019-2021

- Developing core curriculum around LGBTQPIA+ identities
- Educating staff on how to implement training

MiraCosta Community College District

Oceanside, CA

Consultant

2019- 2020

- Led workshops on CA Gender Recognition Act- Trans & Nonbinary Identities
- Worked with cross section of administrators, faculty & Staff on Gender Recognition Act Working Group
- Developed trainings and tool implementation across the District

Sara Cloostermans

La Jolla, CA

Clinician

2019-2021

- Provided clinical services at private practice with children, families and relationships
- Created and facilitated Gender support group, Transcend

YMCA, Well-Being Annex

San Diego, CA

Clinician

2019

- Provided clinical services to individuals, couples and families
- Facilitated groups and community events and LGBT+ camp

- Educated and trained other clinicians, supervisors and staff on intersectionality and LGBT+ trauma informed care

Nicole Kahn, Mindful Guides

La Jolla, CA

Clinician

2018-2019

- Provided clinical services in private practice
- Conducted clinical notes

San Diego Youth Services, Our Safe Place

San Diego, CA

Clinician

August 2017-June 2018

- Provided community based clinical services to the LGBTQPIA+ populations ages 12-21 and their families
- Assisted in updating documents through trauma informed lens
- Conducted clinical notes

Mindfulness based DBT and Art Therapy group

Long Beach, CA

Clinician

November-May 2017

- Provided Dialectical Behavioral Therapy Skills training and psychoeducation
- Co-facilitated and co-designed group to help members build skills to reduce anxiety and depression

The LGBTQIA Center of Long Beach

Long Beach, CA

PCC Intern and Group Therapist

2016-2017

- Created and co-facilitated mindfulness based group
- Collaborated and educated other clinicians on LGBTQIA+ issues from a trauma informed lens

The Svets

San Diego, CA

Executive Assistant

2006-2014

- Coordinated and scheduled appointments for a workplace of approximately 20 employees
- Increased productivity in the workplace by creating lists of job duties
- Developed strategies to improve productivity by rearranging work schedules

Service to the Profession

California Association of Marriage & Family Therapist (CAMFT) Diversity Equity & Inclusion (DEI) Committee

Chair

2023-present

Member

2022-present

- Assist in addressing and shifting oppressive engagement.
- Created awareness through education
- Engaging in meetings to help create safer spaces at CAMFT

Black Indigenous People of Color Moderator

Virtual

Volunteer

September 2022-Present

- Moderating a mental health therapist group of over 600 and growing mental health therapist.
- Verifying content is affirming & anti-oppressive
- Created awareness through education.
- Facilitating conversations to increase safer space for support.

Mental Health Resources RGV

Virtual

Volunteer

February 2021-Present

- Moderating a mental health therapist group of over 1,200 and growing BIPOC therapist all over the US.
- Created awareness through education.
- Facilitating conversations to increase safer space for support.

Works

Book

Levy, Van Ethan. (2020). *Exploring my Identities*.

https://www.amazon.com/EXPLORING-IDENTITY-IES-Ethan-Levy/dp/B08F6QNVLK/ref=tm_m_pap_swatch_0?encoding=UTF8&qid=1597070141&sr=8-1 or
<https://www.goodreads.com/book/show/55131561-exploring-my-identity>

Documentary

Levy, Van Ethan. (2021). Creator & Director of *Do Something: Trans & Non Binary Identities*. Winner of 6 awards at national and international film festivals, this moving film gives a snapshot of the lives of 8 non binary and/ or trans folx, as they share what pains them and what lifts them.

Conference

Levy, Van Ethan. (2024, 2022). Creator of *Do Something Identity(ies) International Virtual Conference*. Every presenter is trans and/ or non binary, and every presenter is paid.

App

Levy, Van Ethan. (2023). Creator of *No More Gatekeeping App* to support providers in writing letters for affirming surgeries, hormone therapy, and more.

Social Justice Projects

a) *Mental Health Professionals who provide letters after 1 session:*

Created list of providers in every US state who will letters after 1 session for surgery/hormones/gender marker changes, name changes and/or any other type of affirming practices from mental health professionals who provide letters after 1 session:

<https://docs.google.com/spreadsheets/d/1mQo2vls2x1FeCihOmQ0FftY9x5jEvbHykZUWEijSRYO/edit#gid=1570017574>

b) *Accomplices*

This document was created to provide access to individuals with marginalized identity(ies) to be able to reach out to others who hold privilege to assist in the person's experience as to not have to engage in emotional labor:

https://docs.google.com/spreadsheets/d/11R8s_Iip6UJ4Va-XQWym2wAiJXgWDMnFBHNbMf8lEew/edit?fbclid=IwAR3pOltO_QBt_8tlhGXEB2x741piDVL4cOm9JeVvHjPRXDldhtWVsYwBFgo#gid=1113833355

Articles

Levy, Van Ethan. (March 2023) *Pronoun(s) Series*. Published in Therapy Route. DOI: <https://www.therapyroute.com/article/pronouns-series-by-v-levy>

Levy, Van Ethan. (December 2022) *No More GateKeeping App*. Published in Therapy Route. DOI: <https://www.VanEthanLevy.com/app>

Levy, Van Ethan. (October 2022) *Domestic Violence (DV) and/or Interpersonal Violence (IPV)*. Published in Wellness Wise Wisdom. DOI: <https://wellnesswavewisdom.blogspot.com/2022/10/domestic-violence-dv-andor.html>

Levy, Van Ethan. (August 2022) *Not Listing Your Pronouns is Transphobic*. Published in Therapy Route. DOI: <https://www.therapyroute.com/article/not-listing-your-pronouns-is-transphobic-here-is-why-by-v-levy>

Levy, Van Ethan. (March 2022) *Transphobia is white supremacy & here is why*. Published in Therapy Route. DOI: <https://www.TherapyRoute.com/article/the-in-lgbtqia-by-v-levy>

Levy, Van Ethan. (March 2022) *Transphobia is white supremacy & here is why*. Published in Therapy Route. DOI: <https://www.therapyroute.com/article/transphobia-is-white-supremacy-here-is-why-by-v-levy>

Levy, Van Ethan. (May 2022) *Yes, You Will Work with Trans or Non Binary Clients and Their Loved Ones at Some Point: What Therapists Need to Know*. Published in Voices Los Angeles California Association of Marriage and Family Therapists: <https://LAcamft.org/Voices-May-2022/12711696>

Levy, Van Ethan. (March 2022) *Trans Day of (visibility) Awareness*. Published in Therapy Route. DOI: <https://www.therapyroute.com/article/trans-day-of-visibility-awareness-by-v-levy>

Levy, Van Ethan. (February 2022) *Trans & in Therapy*. Published in Therapy Route. DOI: <https://www.therapyroute.com/article/trans-and-in-therapy-by-v-levy>

Levy, V. E. (2021, September/October). The Business of Practice Member Spotlight. *The Therapist*, 33 (5), 28-29.

Levy, Van Ethan (July 2021). *Marginalized Existence* in Raymond Luczak (ed) *Mollyhouse* (Issue 3).

Levy, Van Ethan. (March 2021). *Sterilizing Trans Folx*. Retrieved from <https://vocal.media/fyi/sterilizing-trans-folx>

Levy, Van Ethan. (July 2020). *They/them pronouns*. Retrieved from <https://www.youtube.com/watch?v=1v1EcOgdi6s>

Levy, Van Ethan. (July 2020). *What is internalized transphobia and where does it come from?*. Retrieved from <https://www.youtube.com/watch?v=wfRnxHtDYt8&t=20s>

Levy, Van Ethan. (July 2020). *International non binary day and the importance 2020*. Retrieved from <https://www.youtube.com/watch?v=ah2X7ud2HaA&t=4s>

Levy, Van Ethan. (May 2020). *Intro to Deconstructing Gender: Trans & Non Binary Identities*. Retrieved from <https://www.youtube.com/watch?v=gUR9ECJYTBk&t=2s>

Levy, Van Ethan (May 2020) *heterosexual versus straight* Published in Therapy Route. DOI: <https://www.therapyroute.com/article/heterosexual-versus-straight-by-v-levy>

Levy, Van Ethan (May 2020) *pronouns and names* Published in Therapy Route. DOI: <https://www.therapyroute.com/article/pronouns-and-names-by-v-levy>

Levy, Van. Ethan. (April 2020). *Deconstructing Gender*. Retrieved from <https://youtu.be/-JieCz0tma0>

Levy, Van Ethan. (April 2020). *Gender & pronoun assumptions and what to do* Published in Therapy Route. DOI:

<https://www.therapyroute.com/article/gender-pronoun-assumptions-and-what-to-do-by-v-levy>

Levy, Van Ethan (April 2020) *why the terms transgender and identify as are transphobic* Published in Therapy Route. DOI:

<https://www.therapyroute.com/article/why-the-terms-transgender-and-identify-as-is-transphobic-by-v-levy>

Levy, Van Ethan (April 2020) *why excluding trans folx from non cis spaces is a violent macroaggression* Published in Therapy Route. DOI:

<https://www.therapyroute.com/article/why-excluding-trans-folx-from-non-cis-spaces-is-a-violent-macroaggression-by-v-levy>

Levy, Van Ethan (December 2019). *Why the term transition is transphobic* Published in Therapy Route. DOI:

<https://www.therapyroute.com/article/why-the-term-transition-is-transphobic-by-v-levy>

Levy, Van Ethan (April, 2018). *Advocating for the LGBTQIAA in Psychotherapy*. Psychotherapy Route DOI:

<https://www.psychotherapy.net/blog/title/advocating-for-the-lgbtqiaa-in-psychotherapy>

Levy, Van Ethan (November 2018). *Check yourself: Wake the flip up!* Published in Therapy

Route. DOI: <https://www.therapyroute.com/article/check-yourself-wake-the-flip-up-by-v-levy>

Websites/ Works Referring to Van Ethan Levy

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<https://www.somaticwise.net/mental-health-resources/>

Couch, Affirmative. *Challenging Internalized Transphobia Through Workbook*. Retrieved

<https://affirmativecouch.com/tag/workbook/>

Counseling, Apsire. *Gender Affirming Letter Writing*. Retrieved from

<https://aspirecounselingmo.com/trans-letters>

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<https://sowhenareyouhavingkids.substack.com/p/are-non-binary-parents-moms-dads>

Lagos, Marisa. (January 2023) *Why Are Millennials and Gen Z Having Fewer Children?*.

Published in KQED. DOI:

<https://www.kqed.org/forum/2010101891777/why-are-millennials-and-gen-z-having-fewer-children>

LGBTQ+ Summit (2017). (2017). *Deconstructing Gender*. Published in LGBTQ+ @

California's Community College. DOI: <https://www.ccclgbt.org/summit.html>

Linder, Jason, PhD. (April 12th 2019). *Advocating for the LGBTQIAA in Psychotherapy*. Published in Psycho Therapy. DOI: <https://www.psychotherapy.net/blog/title/advocating-for-the-lgbtqiaa-in-psychotherapy>

Lyons Daniel. (2021, February 24). *On Hope, Waiting, Getting Yourself Through the Pandemic's Final Stretch..* Retrieved from <https://thebolditalic.com/on-hope-waiting-and-getting-yourself-through-the-pandemics-final-stretch-daae5187e10a>

Moran, Nicholas (2021). *Non-binary Microaggressions in Psychotherapy*. Retrieved from [Tagged: nonbinary - CNM, Kink & LGBTQIA+ Continuing Education Courses - \(affirmativecouch.com\)](https://www.affirmativecouch.com/tagged/nonbinary-cnm-kink-lgbtqiaa-continuing-education-courses)

Nuss, Heather. (2020). *Presenter Biographies*. Retrieved from. <http://www.heathernuss.com/resources>

Salemme, Natalie. (2021, December 9th). *Gender Affirming Surgery Support*. Retrieved from Lindsey Oakes Midwifery: <https://lindseyoakes.com/ufaq/gender-affirming-surgery-support/>

Smith, Maria, F. (2021, May). *Education, Credentials, Specialized Training?.* Retrieved from <https://www.inclusivetherapists.com/maryland/rockville/maria-f-smith>

Spivey, Jefferey. (2021, February 26). *BREAKING DOWN GENDER POLICING: WHAT IT IS, HOW IT HURTS US, AND HOW TO STOP IT.*

Twenge, Jean M. et al. (August 2012). *Male and Female Pronoun Use in U.S. Books Reflects Women's Status, 1900-2008*. Published in Springer Link. DOI: <https://link.springer.com/article/10.1007/s11199-012-0194-7>

_____ (July 2012). *Increases in individualistic words and phrases in American books, 1960-2009*. Published in PLoS one. DOI: <https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0040181>

Ugonna-Ora Owoh. (2021, July 13th). *Self-Acceptance, Rebellion And Pain: What Pride Means Around The World This Year*. Retrieved from <https://graziadaily.co.uk/amp/life/real-life/pride-around-the-world/>

Woodward, Curt. (August 24 2006). *Woman Seeks Employment Benefits for Domestic Partner Under Wash. Gay Rights Law*. Published in ALM LAW.COM DOI: <https://www.law.com/almID/900005550819/>

Zhikhavera, Natalia, PhD. *Curated Gender-Affirming Resources In California*. Retrieved from <https://drzphd.com/gender-resources/california>

Interviews

Levy, Van. Interview by All Bodies Outside. #16: Increasing Sense of Belonging & Safety for Trans Populations. <https://open.spotify.com/episode/75AJcWXozw1rPsbVNpsWpL>

Levy, Van. Interview by Dr. Lino Martinez. A Little Less Fear Podcast. Interview With Van Ethan Levy: DO SOMETHING DOCUMENTARY. <https://www.audible.com/pd/Interview-With-Van-Ethan-Levy-DO-SOMETHING-DOCUMENTARY-Podcast/B09LSJW63C>. 011/13/2021

Levy, Van. Interview by The Transverse. The Transgender Show. <https://www.twitch.tv/videos/1278409601>

Levy, Van. Interview by The Transverse. The Transgender Show. <https://www.twitch.tv/videos/1276150469?sr=a&t=0s&fbclid=IwAR0W8zB2FuLZPNmtfhSAyNgRKgoOtO0GQk-5pnU0sO4ocQRQqVY3B9LMki4>

Levy, Van. Interview by GenderGP. The GenderGP Podcast. Why We Need To End Gatekeeping. <https://www.gendergp.com/why-we-need-to-end-gatekeeping/>. 05/18/2021

Levy, Van. Interview by Dr. Lino Martinez. A Little Less Fear Podcast. Exploring Gender Identities: https://open.spotify.com/episode/6X1hUdJADJcQPGFgvYN834?si=0mVkrRtSmSdyYMWUHC_g. 01/11/2021

Levy, Van. Interview by Jasper Henderson. Common Threat ANTIOCH UNIVERSITY NEWS. Trans Leaders Raises Awareness of Aggressions Small and Large. <https://commonthread.antioch.edu/stories/trans-leader-raises-awareness-of-aggressions-small-and-large>. 12/23/2020

Levy, Van. Interview by Christopher Kai. GIFTERS PODCAST. Ep. 1131: Trans & Non Binary Identities Explained with Van Levy. <https://podcasts.apple.com/us/podcast/ep-1131-trans-non-binary-identities-explained-with-van-levy/id1378434277?i=1000501965501>. 12/14/2020

Levy, Van. Interview by Alex Piscatelli & Emely Navarro. The Impact Elliot Page Will have on the Transgender Community. What A Week Ep 15. <https://www.youtube.com/watch?v=7BvjEoOEblM> , <https://podcasts.apple.com/us/podcast/what-a-week/id1529759673> , <https://open.spotify>. 12/07/2020

Presentations

MiraCosta College

San Diego, CA

Presenter

2023, 2022, 2021, 2020

- Created trainings for health service providers on ways to create safer and affirming spaces for non cis folk
- Provided education on mental and physical health risk factors for non cis folk
- Assisted in self-explorations of internalized biases and isms

**CAMFT annual conference: Advancing the Art & Science of Psychotherapy 2023
Orange County, CA**

Presenter

May 2023

- Assessment & letter writing.
- Provided education on mental health risk factors for non cis folk
- Assisted in self-explorations of internalized biases and isms

Gender Spectrum Professionals Symposium

Virtual

Presenter

July 2022

- Provided education on trans, non-binary identities and mental health risk factors
- Trained clinicians on ways to create safer and affirming spaces for non cis folk as well as how to do letter assessment and writing
- Cultivated awareness and skills building on trauma informed practices and how to identify, target, diffuse and/or reduce internalized isms and unconscious bias
- Addressed the harms of gatekeeping

Deconstructing Gender: Trans & Non Binary Identities

Virtual

Presenter

September 2021

- Provided education on trans, non-binary identities and mental health risk factors
- Trained clinicians on ways to create safer and affirming spaces for non cis folk as well as how to do letter assessment and writing
- Cultivated awareness and skills building on trauma informed practices and how to identify, target, diffuse and/or reduce internalized isms and unconscious bias
- Addressed the harms of gatekeeping

Black Mental Health Symposium

Virtual

Presenter

September 2021

- Provided education on trans, non-binary identities and mental health risk factors
- Trained clinicians on ways to create safer and affirming spaces for non cis folk
- Cultivated awareness and skills building on trauma informed practices and how to identify, target, diffuse and/or reduce internalized isms and unconscious bias
- Addressed the harms of gatekeeping

The Chicago School of Professional Psychology

Virtual

Presenter

September 2021

- Provided education on trans, non-binary identities and mental health risk factors
- Trained clinicians on ways to create safer and affirming spaces for non cis folx
- Cultivated awareness and skills building on trauma informed practices and how to identify, target, diffuse and/or reduce internalized isms and unconscious bias
- Addressed the harms of gatekeeping.
- Engaged audience in assessment & letter writing.

CALPCC Conference Mental Health Justice: Bridging Policy & Action

San Diego, CA

Presenter

October 2020

- Provided education on trans, non-binary identities and mental health risk factors
- Trained clinicians on ways to create safer and affirming spaces for non cis folx
- Cultivated awareness and skills building on trauma informed practices and how to identify, target, diffuse and/or reduce internalized isms and unconscious bias

METOO LGBQ Conference

San Diego, CA

Invited Guest Lecture

October 2020

- Provided education on trans, non-binary identities and affirming practices
- Trained clinicians on ways to create safer and affirming spaces for non cis folx
- Cultivated awareness and skills building on trauma informed practices and how to identify, target, diffuse and/or reduce internalized isms and unconscious bias

Imperial Valley Pride

San Diego, CA

Presenter

October 2020

- Provided education on creating safer and more affirming spaces for non cis folx
- Engaged audience in activities to bring awareness of marginalized identities
- Assisted in self-explorations of internalized biases and isms

#METOO LGBTQ Conference in San Diego for Victims of Sexual Violence

San Diego, CA

Presenter

October 2020

- Created trainings for the community on ways to create safer and affirming spaces for non cis folx

- Engaged audience in healing practices
- Assisted in self-explorations of internalized biases and isms

**CALPCC 2020 Conference Mental Health Justice: Bridging Policy and Action
San Diego, CA**

Presenter

October 2020

- Created trainings for clinicians on ways to create safer and affirming spaces for non cis folx
- Provided education on mental health risk factors for non cis folx
- Assisted in self-explorations of internalized biases and isms

**CAMFT annual conference: Advancing the Art & Science of Psychotherapy 2020
Orange County, CA**

Presenter

May 2020

- Created trainings for clinicians on ways to create safer and affirming spaces for non cis folx
- Provided education on mental health risk factors for non cis folx
- Assisted in self-explorations of internalized biases and isms

MeToo LGBTQ Conference

San Diego, CA

Presenter

May 2020

- Engaged the audience in tools for healing from sexual violence
- Created ways for the audience to self-explore and identify one's own internalized biases and isms

Point Loma Nazarene University

San Diego, CA

Presenter

July 2020

- Engaged class in discussions around gender, identity, race, sexuality, and mental health
- Provided education on non cis identities
- Shared lived experience as a mental health provider and the different intersections of my identity

MiraCosta College

Oceanside & San Elijo, CA

Invited Guest Lecture

January 2019-Present

- Provided education around trans, non-binary identities and/or mental health
- Facilitated discussion on marginalized and oppressed populations and how to access support and services

- Cultivated awareness around human sexual behavior, gender, identity and intersections of identity to diffuse/reduce internalized isms.

2019 CALPCC Conference

Northridge, CA

Invited Guest Lecture

May 2019

- Provided education on trans, non-binary identities and mental health risk factors
- Trained clinicians on ways to create safer and affirming spaces for non cis folk
- Cultivated awareness and skills building on trauma informed practices and how to identify, target, diffuse and/or reduce internalized isms and unconscious bias

CCC+LGBTQPIA+ Summit

Riverside, CA

Presenter

November 2019

- Assisted in exploring and understanding one's internalized and/or externalized transphobia and how they manifest
- Defined gender deconstruction and privilege while describing 3 biases
- Engaged in Q&A around trans and/or non binary identities, intersectionality and racism

Unpacking Gender and Mental Illness

San Diego, CA

Presenter at Grossmont College Mental Health Awareness

May 2018

- Presented on unpacking (breaking down societal constructs) Gender Identity, Sexual Orientation and Mental Health and the other intersectionality's of our identity
- Provided psychoeducation and a trauma informed approach on how to support ourselves and each other, specifically within the LGBT+ community
- Provided information about Our Safe Place

San Diego Youth Services

San Diego, CA

Foster Youth Care Summit

April 2018

- Co-presented on LGBT+ and youth in Foster care
- Provided psychoeducation and a trauma informed approach to working with LGBT+ youth
- Facilitated conversations about concerns from other clinicians attending the workshop

Our Safe Place

San Diego, CA

Presenter

October 2017

- Co-presented on LGBT+ and youth

- Provided psychoeducation and a trauma informed approach to working with LGBT+ youth

Palomar College

San Diego, CA

Invited Guest Lecture

August 2019, March 2019, June 2018, June 2017

- Provided education around Trans and Non-Binary Identities
- Facilitated a discussion around marginalized and oppressed populations
- Created a space and awareness around human sexual behavior, gender identity and intersections of identity to diffuse/reduce any stigmas

San Diego State University

San Diego, CA

Invited Guest Lecture

March 2020, August 2019, March 2019, June 2018, June 2017

- Educated undergraduate students on Transgender issues
- Facilitated a discussion around an underrepresented population
- Created a space and awareness around human sexual behavior to diffuse any stigmas

University of San Diego

San Diego, CA

Invited Guest Lecture

July 2017

- Cultivated discussions and created awareness of transgender issues for graduate students
- Addressed clinicians questions and concerns with working with LGBTQIA clients
- Targeted stigmas to break them down and created awareness around human sexual behavior and the intersectionality's of identity

Ask Dr. Nandi

Huntington Beach, CA

Invited Guest Lecture

August 2015

- Educated audience around the world about my identity journey as a trans person
- Answered questions about my trans identity
- Shared personal story

Grossmont Community College

El Cajon, CA

Invited Guest Lecture

February 2019, 2018, 2017, October 2012, September 2012, October 2011, January 2009

- Facilitated conversations about struggles that relate to being transgendered
- Shared my personal struggles growing up part of an underrepresented population
- Spoke about human sexual behavior to diffuse stigmas

San Diego Mesa College

San Diego, CA

Invited Guest Lecturer March 2015, February 2015, November 2014, March 2014,
February 2014, November 2013, April 2013, March 2012, January 2011, April 2010

- Promoted discussions on identity, gender and sexuality
- Facilitated Q&A sessions on issues regarding gender and sexuality

National University

Chula Vista, CA

Invited Guest Lecturer

February 2013, March 2012, October 2011

- Publicized gender and sexuality issues by encouraging open discussions
- Addressed common questions and concerns regarding gender and sexuality
- Collected feedback from the students

Southwestern University

Chula Vista, CA

Invited Guest Lecturer

October 2013

- Expressed concerns in the Gay Lesbian, Bisexual, and Transgender community
- Listened to students concerns and questions
- Managed discussions concerning sexuality and gender identity issues

San Diego City College

San Diego CA

Invited Guest Lecturer

October 2012

- Shaped discussions in regard to human sexual behavior
- Delivered a PowerPoint presentation about personal experience to normalize trans identities and/or issues
- Decreased stigma regarding discussions on human sexual behavior responding to all questions

McLean Hospital

Boston, MA

Guest Speaker

May 2009

- Educated students about Dialectical Behavioral Therapy
- Provided information in regards to resources for when patients are released
- Verbalized the benefits of Dialectical Behavioral Therapy

Volunteer Experience

Mirror Memoirs

San Diego, CA

Volunteer

May 2020

- Secured space for venue to host ending sexual violence
- Created awareness through education of the reality of sexual violence in the QTBIPOC (Queer Trans Black Indigenous Person of Color) community

San Diego Mutual Aid Board

San Diego, CA

Volunteer

March 2020 to Present

- Organized and connected individuals with appropriate resources
- Held space for individuals experiencing emotional distress

San Diego County LGBT Latinx Coalition

Long Beach, CA

Volunteer

July 2019 to Present

- Devised and assisted in implementing ways to engage and support the LGBT+ Latinx community
- Engaged participants

National Queer & Trans Therapist of Color Network

Long Beach, CA

Volunteer

February 2020-Present

- Provided accessible therapy to individuals
- Created affirming and safer spaces through education for different identities

Make a difference Day

Long Beach, CA

Volunteer

March 2016, March 2017

- Created artificial flower arrangements for meals on wheels
- Assisted others and helped organize designated positions

Mental Health Self-Care Day

Long Beach, CA

Clinician

January 2017

- Designed and implemented mindfulness activities to reduce anxiety and depression
- Orchestrated a safe space to be present and process overwhelming emotions

Transgender Day of Remembrance

Long Beach, CA

Clinician

November, 2016

- Created a safe space for crisis counseling
- Voiced the names of transgender individuals who have been murdered in 2016

Q Film Festival

Long Beach, CA

Volunteer

September 2016

- Validated incoming participants
- Contributed to the break-down of the event

Breast Cancer Awareness

San Diego, CA

Volunteer

January 2014, February 2010, March 2001, April 2000, October 1999

- Orchestrated jewelry sales to bring in revenue for breast cancer research
- Counseled grieving individuals
- Educated individuals walking about the importance of self-breast exams

Homeless Outreach

San Diego, CA

Volunteer

2013-2015

- Provided clothing to houseless individuals
- Brought food to people experiencing houselessness

San Diego Food Bank

San Diego, CA

Volunteer

June 2013

- Assessed organizational effectiveness
- Organized a fast and efficient process of moving water bottles
- Marketed the recycle department for Complete Recycling

Surf Rider Foundation

San Diego, CA

Volunteer

May

2012-October 2013

- Assisted picking up litter on or near the beach
- Organized meetings
- Provided instructions to new volunteers about procedures

Team Tanya

Orange county, CA

Volunteer

June 2013-June 2015

- Designed flyers and tickets for events
- Promoted and organized events for her book and life coaching
- Assisted in bringing awareness to Caitlyn Jenner

Lambda Archive

San Diego, CA

Volunteer

January 2011-January 2012

- Assisted in organizing and filing
- Launched and accomplished operational maximization

Professional Affiliations

- | | |
|--|-----------------------|
| ● American Psychological Association | March 2013- Present |
| ● California Coalition Against Sexual Assault | May 2017-Present |
| ● California Association for Licensed Professional Clinical Counselors | June 2017-Present |
| ● California Association of Marriage and Family Therapist | June 2017-Present |
| ● LGBT+ Latinx Coalition | July 2019-present |
| ● National Queer Trans Therapist of Color Network | February 2020-Present |

Technical Skills

Extensive experience Citrix and Microsoft

Typing skills: 105 Words Per minute

Extensive knowledge with Microsoft products

- Excel-graphs, pivot charts, v lookups, truncating text, calculations, offset, string manipulation functions, decision making functions, recording macros, charting, sorting, statistics, finances, solver, matrix functions, data tables, filters, formula auditing, and much more.
- Microsoft Word-dialog boxes, styles, document and page setup for research, auto text, equation editor, sizing graphics, HTML conversion, sorting, drawing toolbar, and much more.
- Power point-Design effects, animations, video and multimedia, production efficiencies, customizing, resources, and much more.
- QuickBooks-Invoices, accounts payable, accounts receivable, data input, creating accounts, deleting accounts, reconciliation, and much more.

- Microsoft Outlook-Sharing emails, sending emails, forwarding, cc'ing, bcc'ing and much more.

Certified in

Microsoft Certified Service Engineer	February 2007-Present
Managing and Maintaining a Windows Server 2003 Environment	February 2007-Present
A+	February 2007-Present
Network +	February 2007-Present
Security +	February 2007-Present

Awards

- | | |
|----------------------------|------|
| • Trans Day of Empowerment | 2019 |
| • Trans Exceptional Award | 2019 |

Language Skills

English: Fluent. Spanish: Intermediate conversational